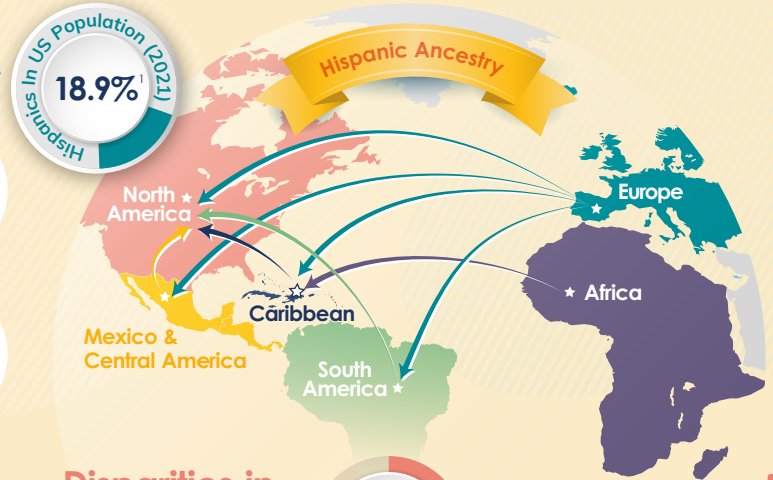


## CKD & KIDNEY FAILURE IN HISPANICS<sup>2</sup>

- CKD Prevalence** → Similar or lower than non-Hispanic whites.
- Kidney Function** → Faster kidney function decline in patients with Dominican or Puerto Rican ancestry.
- Kidney Failure** → Almost 50% greater in Hispanics compared to non-Hispanic whites.



## RISK OF DEATH FOR U.S. HISPANICS<sup>2</sup>

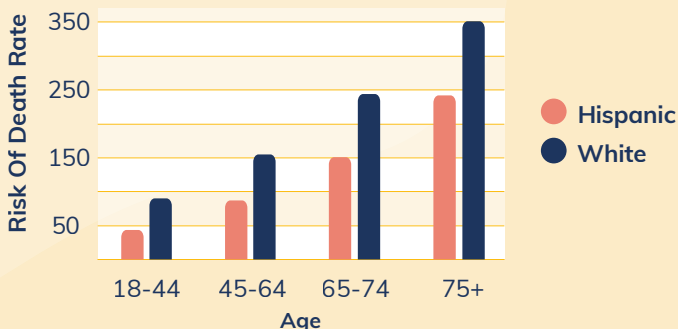
Hispanics, compared to non-Hispanic whites, often experience:

- Higher Cardiovascular Risk** (Heart icon with upward arrow)
- Lower Socioeconomic Status** (Money bag icon with downward arrow)

Despite these challenges, Hispanic patients on dialysis have a **lower risk of death** compared to non-Hispanic white patients.

### Risk Of Death For Patients On Dialysis

Based on a study that followed 100 people of each race for 10 years.



## Disparities in Healthcare for Hispanics<sup>2</sup>

- >25% Hispanics** Lack A Regular Health Care Provider
- 37% Non-Hispanic Whites** vs. **27% Hispanics** Received Kidney-specific Care Before Kidney Failure
- 14% Non-Hispanic Whites** vs. **11% Hispanics** Received A Kidney Transplant

## RECOMMENDED INTERVENTIONS<sup>3</sup>

### Slowing CKD Progression In Hispanics

#### CKD Screening

Ask your Primary Care doctor about CKD Screening if you have diabetes, hypertension, are a senior, and/or if you are Hispanic, non-Hispanic black, or Native American.

#### Health Empowerment

Learn more about how proper nutrition, lifestyle changes, and avoiding drugs that are harmful to kidneys can lower your risk of kidney failure.

#### Language & Culture

If needed, ask for Spanish-speaking translators and health navigators—**Promotoras**, as well as educational materials in Spanish.

#### Resources:

- <https://www.census.gov/quickfacts/fact/table/US/PST045221>. Accessed August 2022.
- Desai N, Am J Kidney Disease.2019;73(1):102-111.
- <https://www.cms.gov/files/document/chronic-kidney-disease-disparities-educational-guide-primary-care.pdf> Accessed August 2022.
- United States Renal Data System. 2021 USRDS annual data report: Epidemiology of kidney disease in the United States. National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, 2021. Available at <https://adr.usrds.org/2021/end-stage-renal-disease/6-mortality>. Accessed August 2022.

The data reported here have been supplied by the United States Renal Data System (USRDS). The interpretation and reporting of these data are the responsibility of the author(s) and in no way should be seen as an official policy or interpretation of the U.S. government.

The information provided through NephU is intended for the educational benefit of health care professionals and others who support care for those with kidney disease and other related conditions. It is not intended as, nor is it a substitute for, medical care, advice, or professional diagnosis. Health care professionals should use their independent judgement when reviewing NephU's educational resources. Users seeking medical advice should consult with a health care professional.  
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