



# Patient and Caregiver Support

## Where Can I Find Help for ADPKD?

There are many organizations and resources in the PKD community available to help you and your loved one with ADPKD. To learn more and connect with others going through similar experiences, visit the sites below.

### Foundations and informative sites\*

#### ADPKD-focused

**PKD Foundation** | [pkdcure.org](http://pkdcure.org)

- Dedicated to PKD research and education

**PKD International** | [pkdinternational.org](http://pkdinternational.org)

- Global alliance of patient organizations worldwide, dedicated to finding a cure and offering disease education for PKD

#### Renal-focused or general health

**American Association of Kidney Patients (AAKP)** | [aakp.org](http://aakp.org)

- Education and advocacy for kidney patients in the United States

**American Kidney Fund** | [kidneyfund.org](http://kidneyfund.org)

- Provides charitable assistance to dialysis patients who need help with the costs of treating kidney failure

**MedlinePlus** | [medlineplus.gov](http://medlineplus.gov)

- A service of the U.S. National Library of Medicine, with information on over 900 diseases

**National Kidney Foundation** | [kidney.org](http://kidney.org)

- Peer support and information for kidney patients

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## Online communities\*

### **AAKP Renal Support Groups** | [aakp.org/support-groups](http://aakp.org/support-groups)

- A list of renal support groups, broken down by state

### **PKD Health Notes** | [pkdcure.org/blog/category/pkd-health-notes](http://pkdcure.org/blog/category/pkd-health-notes)

- Health and nutrition blog for PKD patients written by a renal dietitian

### **PKD Will Not Beat Me** | [pkdcure.org/blog/pkd-will-not-beat-me](http://pkdcure.org/blog/pkd-will-not-beat-me)

- A PKD support blog written by a PKD patient

## Caregiver Support\*

### **Administration on Aging (AoA)** | [acl.gov/about-acl/administration-aging](http://acl.gov/about-acl/administration-aging)

- An agency in the U.S. Administration for Community Living, provides leadership and expertise on programs, advocacy, and initiatives affecting older adults and their caregivers and families

### **Family Caregiver Alliance** | [caregiver.org](http://caregiver.org)

- Dedicated to improving the quality of life for caregivers and those they care for through information, services, and advocacy

\*Not an exhaustive list.

**Questions? Concerns? Never hesitate to ask.**

You have a right to know everything about your health and your care.